

ROBBIE



**Chengdu Bujinkan
Budo Taijiutsu**

SHIFT day 健美日

Oct. 23 2pm-7pm @ Fraser Suites, 6F terrace

2:00- 2:30 Sign-Up, Welcome, Warm-up 登记, 欢迎, 热身

Sport Areas 健身区

Place 位置	A	B	C	D	E
2:30-3:15	Yoga 瑜伽 Juliet	Locomotion MoreFun	Self Defense 自我防卫 Robbie & Matan	Karate 空手道 Concept	Goldprints 急速PK Natooke
15 minute break					
3:30-4:15	Pilates 彼拉提斯 Juliet	Fit by Play 健身游戏 MoreFun	HIIT 高强度间歇性训练 Dani	Shiatsu 日式指压按摩 Matan	
15 minute break					
4:30-5:15	Jazz Dance 爵士舞蹈 SinoStage	Natural Movement 自然培训 MoreFun	CoreStability 核心稳定 Daisy	Taijutsu 武道忍术 Robbie	

Kids Area 儿童区

2:30-5:30 CoolTrip, ADG Dental
Camping, games, activities 露营, 游戏, 活动

Food & Drink Area 健康美食饮料

2:30-6:30 Healthy Gourmet / Ethos / Infit / MixMe Healthy Kitchen / SHIFT

Workshop Area 培训区

2:30-3:15	Nutrition 营养 (Shaz)
3:30-4:15	Child Massage Workshop 儿童按摩培训 (Maria)
4:30-5:15	Nutrition 营养 (Shaz)

5:30-6:30 Prizes, Raffles and Socializing

ROBBIE



成都武神管武道体术

CHENGDU BUJINKAN BUDO TAIJUTSU



ROBBIE

Self Defense

自我防卫

Taijutsu

武道忍术

S **W** **I** **F** **T**
sport. *health.* *improvement.* *fitness.* *transformation.*

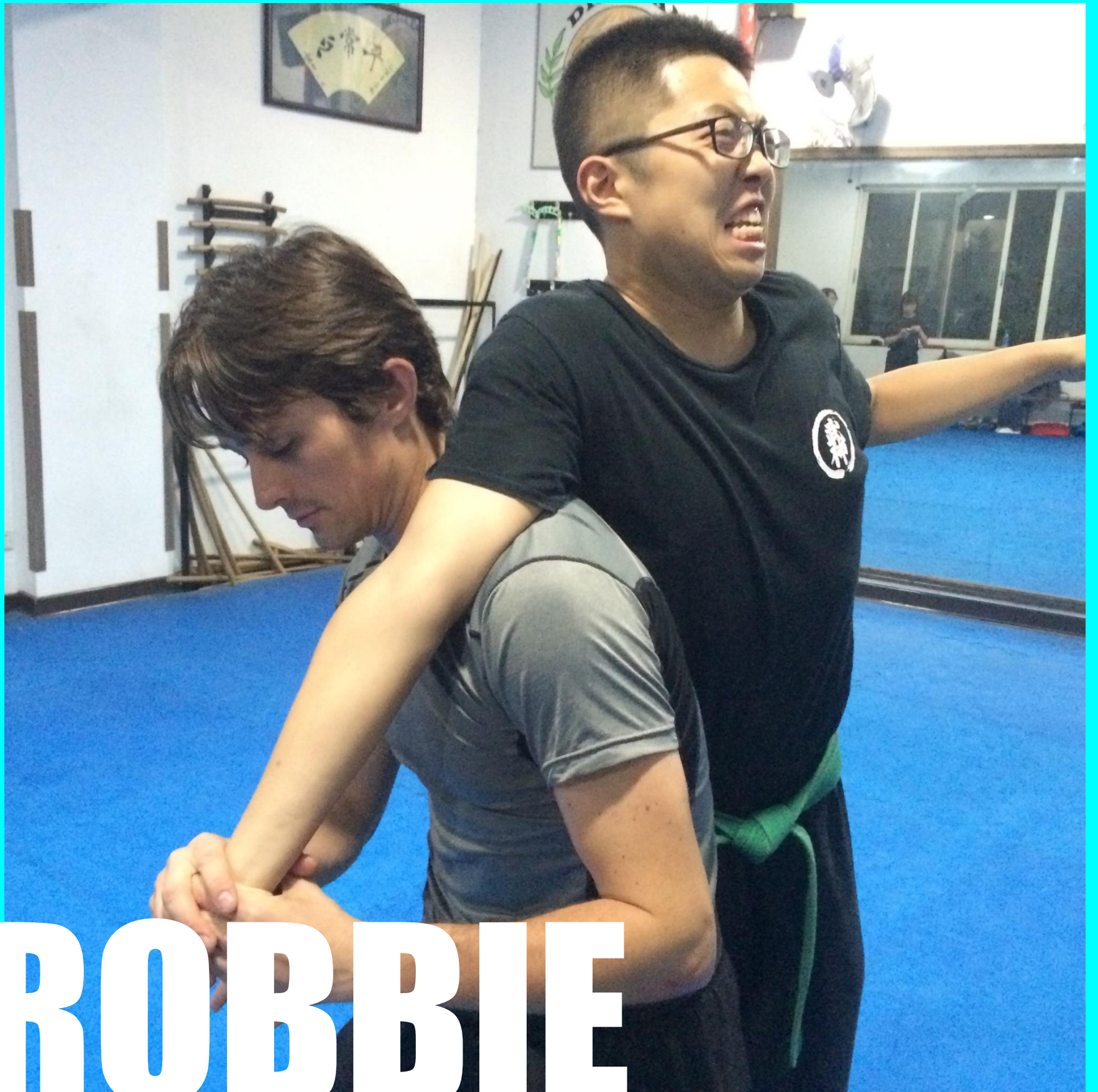
WELLNESS
健美日
运动. 健康. 好转. 健身. 转变.

Oct. 23
2pm-7pm

ROBBIE

Robert Worth has been studying martial arts since a young age of six years old. He has trained in martial arts from around the world including American, Filipino, Japanese, Chinese, and Korean. In the U.S.A. He has trained many different students from military personnel and security companies, to college students. He is currently a sixth degree black belt in Bujinkan Budo Taijutsu.

Robert Worth 从六岁的时候就开始学习武术。至今他学习过各个国家（美国，菲律宾，中国，日本，韩国）的大部分门派的武术。在他还在美国生活的时候，他当过许多客户的教官，其中包括：陆军人事，安保公司，大学学生等。现在他在武神馆武道体术中已经到达了黑带六段。



ROBBIE

Get your pre-sale ticket!

购买预售票!





ROBBIE