

**Connecting You With Nature** 



### **About Green Steps**

Green Steps connects people with nature. We design and implement experiential activities to increase respect and understanding for Mother Earth. We teach hands-on natural sciences using the outdoors as a playground and laboratory. We provide families, schools and companies with a personalized solution to develop environmental knowledge.

Green Steps was born because we felt a need to instill environmental awareness into urban residents and save children from a spreading nature deficit disorder. Discover with us the natural processes which sustain life on earth and learn to interact with the outdoors in an enjoyable and responsible way.



## Green Steps Curriculum

Learning what matters in the Anthropocene



For families

At Green Steps we believe that repeated exposure to the outdoor environment is crucial for the balanced development of a person, in particular during the early stages of our life. For that reason, we have developed our programs as an ongoing journey of Nature discovery starting from the age of 1.5 years as part of our weekend activities.



For schools The continuous education program helps also schools to complement their academic activities providing opportunities to reinforce environmental science theory with practical knowledge. Either as an immersion green camp or as a regular outing spread along the school calendar. Each module could be further tailored to match schools educational needs.



For companies

We help companies to organize meaningful environmental education experiences that help participants understand the benefits of a sustainable management that truly cares for the planet and the people. We integrate HR development goals and deliver programs that exceed expectations. We are a bridge between the urban mindset and the rural regions, its outdoors, wildlife and traditions.



## **Green Steps Method**

Green Steps has its own unique method based on the triple focus. We believe that by understanding our connection with nature and other people, we can fully develop our potential as human being.



Ecological Intelligence > Planet

Explore the environment with a scientific mindset, understand the laws of nature and learn how to interact with wilderness in safe and responsible ways.



Interpersonal Intelligence > Us

Experience nature as a space to build awareness, respect and compassion towards each other. Renew old and make new friendships in nature's many playgrounds.



Intrapersonal Intelligence > Me

Unwind in nature from busy school schedules, detach from screens and find what you are naturally drawn to. Build self-confidence and find your element.

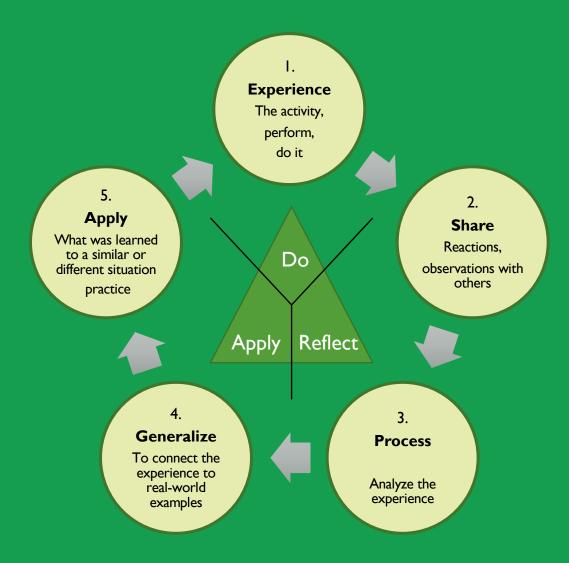


## **Experiential Learning**

We believe that learning must be fun. As educators, we nurture the curiosity to explore the outdoors, integrating sciences, art and culture into interactive experiences.

The exploration of the outdoors is for us a tool to develop awareness, respect and compassion for all living forms and the planet.

We believe a change in our behavior towards the planet starts by understanding the process that maintain it. This change starts when we become aware and responsible of our intimate connection to nature and all the life that it contains.



## **Green Steps Activities**

The seeds of environmental stewardship



Family Films

Half day for the whole family. Learn about parenting and the environment by discussing great films while your children participate in hands-on, Montessori inspired indoor and outdoor activities.



Plants & Friends

A walk in the park that introduces the world of botany to children, Understand that plants are at the foundation of the nutrient cycle and learn about the most important urban species.



Plastic Pirates

Half day exploration of a wetland, forest or shoreline. Learn about the impact of our consumption habits on the environment and natural sciences handson.





# **Green Steps Activities**

The seeds of environmental stewardship



#### Homegrown

2-day workshop empowering adults to implement and design Montessori inspired nature education. Required for all Green Steps nature guides.



#### Wild Weekends

A weekend to connect with nature and people in Shanghai's countryside. Unwind from your busy week and focus on the simple pleasures of life.



#### Curious Camps

5-day programs for 6 — 15 year old children to learn hands-on natural science, and outdoor skills. Develop love, respect and steward-ship for the environment.



# **Management Team**

#### Joan Elizalde

Marine biologist, master in sustainable tourism management,, professional diver, Montessori teacher, team building expert, educator and designer of environmental curricula.



### Knut Wimberger

HR & organizational development expert; father of two wonderful children; passionate about fixing the environment, reforming education and unfolding the human potential.







**Events** 



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Engage

Explore

Nature

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